

Sport Amenities In Llandudno

From requests, I provide the following which just shows some sport amenities in Llandudno used by guests / friends

It is not complete and the information is given in good faith.
Don't hesitate to contact Colin / Michelle on 07776304973
if you would like more information

Swimming Pools

Llandudno Swimming Centre
Mostyn Broadway - LL30 1YR
01492 575900

Colwyn Leisure Centre
Eirias Park, Colwyn Bay
01492 577900

Running club / casual jogs

NWRRRC (running club)
nwrrc.co.uk
Every Tuesday
evening at 7pm
John Bright School
Maesdu Rd, Llandudno
LL30 1LF

5km Conwy Parkrun
parkrun.org.uk
Every Saturday
morning at 9am
Conwy RSPB reserve
Conwy
LL31 9XZ

2km Junior Parkrun
parkrun.org.uk
Every Sunday
morning at 9am
Conwy RSPB reserve
Conwy
LL31 9XZ

Council Run Gym

Llandudno Swimming Centre
Mostyn Broadway, Llandudno
LL30 1YR
01492 575900

Llandudno Junction Leisure Centre
6 G Road, Llandudno Junction
LL31 9XY
01492 577925

Outdoor Free Public Gym

West Shore Outdoor Gym
West Parade on West Shore
Llandudno

Private Gym

NW1 Strength & Conditioning
Oxford Road, LL30 1DH
01492 872073

Wells Fitness Health Club
Central Place, LL30 2SZ
01492 877402

Mint Condition
Imperial Hotel - LL30 1AP
01492 863910