Sport Amenities In Llandudno

From requests, I provide the following which just shows some sport amenities in Llandudno used by guests / friends

It is not complete and the information is given in good faith. Don't hesitate to contact Colin / Michelle on 07776304973 if you would like more information

Swimming Pools

Llandudno Swimming Centre Mostyn Broadway - LL30 1YR 01492 575900

Colwyn Leisure Centre Eirias Park, Colwyn Bay 01492 577900

Running club / casual jogs with **NWRRC - North Wales Road Runners Club**

NWRRC (running club) - nwrrc.co.uk **Every Tuesday evening at 7pm** John Bright School Maesdu Rd. Llandudno LL30 1LF

5km Conwy parkrun - parkrun.org.uk **Every Saturday morning at 9am** Conwy RSPB reserve Conwy LL31 9XZ

Council Run Gym

Llandudno Swimming Centre Mostyn Broadway, Llandudno **LL30 1YR** 01492 575900

Llandudno Junction Leisure Centre 6 G Road, Llandudno Junction **LL31 9XY** 01492 577925

Outdoor Free Public Gym

West Shore Outdoor Gym West Parade on West Shore Llandudno

Private Gym

NW1 Strength & Conditioning Wells Fitness Health Club Oxford Road, LL30 1DH 01492 872073

Central Place, LL30 2SZ 01492 877402

Mint Condition Imperial Hotel - LL30 1AP 01492 863910